



### Have you heard about the Dorset Care Record (DCR)?

The Dorset Care Record has now been rolled out across Dorset. It is a new record sharing system to improve health care in Dorset, bringing together information from hospitals, GPs and other health professionals.

Have you experienced having to repeat your own or a family members medical history to different NHS specialists?

By giving authorised clinicians access to patient records and care plans, the DCR will stop the need for this leading to a better experience for all patients.

The DCR holds information about things like Allergies, Medication, Medical History, Care plans, GP record and hospital records.

Only health professionals directly dealing with your care will see your record, and only with your consent. Other companies or agencies such as Insurance companies, The DWP will not be able to access your records.

Leaflets are now being sent to all households in Dorset, and are also available from your GP surgery. The leaflet explains about the DCR and what to do if you do if you wish to opt out.

The benefits of the DCR include Coordinated and safer care, clear decisions about your care, and no need to repeat your details to different professionals.

Your care record is always available to those involved in your care, helping people to understand your history and situation better.

### Weymouth Carers Group

Are you looking after someone who cannot manage without your help? Weymouth Carers Group can offer you friendship, support, advice and the opportunity to share experiences with other carers.

The group meet every month on the 3rd Tuesday 11.15am to 1.00pm, currently at the Qyayside Bar & Kitchen - 7 Custom House Quay and then from April -December at the New Vic – on the Esplanade.

They also organise different trips throughout the year. The next trip is arranged for Tue 19th March. Please contact Weymouth Carers Group on **07766 529297** for further information or contact Helen, our carers lead here at the surgery.

**Protected Learning Time** - You may have noticed that occasionally the surgery closes at 3.30 for Staff Training. We are closed for protected learning time for all staff, which provides opportunities for inter-locality working, learning and development.

This protected time also allows us time to review existing protocols and processes and a chance to update or introduce new ones. We can learn from any previous incidents, provide clinical education and team building.

### Training Practice

**GP Registrar's** - We are a dedicated and established teaching practice and have been taking trainee GPs for over 30 years. Our registrars are fully qualified doctors, in a specialist GP training post and have at least 4 years of hospital experience. Registrars are attached to the practice for 12 months and patients find their fresh, enthusiastic approach adds to the care we provide. Part of the training involves videoing their consultations. These videos are only viewed by other doctors and are then destroyed. You will always be asked in advance if a doctor wishes to record your consultation for training purposes. Some of our GPs started as trainees at the practice and then came back to join the practice as a partner.

**Medical Students** - We sometimes have medical or pharmacy students sitting in on consultations. We feel it is important for them to have an insight into general practice, and to encourage them to continue on into a medical career.

We will always ask you if you are happy for a student to be present in your consultation however if you would rather see the doctor alone please mention this. Please note, all medical students are required to sign a confidentiality statement before sitting in on consultations.

### Local Groups

**Rethink Mental Illness** - Sunday Lunch Club. No more lonely Sundays. Come along and share food and friendship with others who understand. Call Alan on 07784 886349 for further information.

**C'Fit - Cancer Rehabilitation Exercise Scheme** at the Osprey Leisure Centre.

C'Fit is a gentle exercise programme to help cancer patients become more active. For more information pick up a leaflet in surgery, and ask your GP for a referral.

**The SURGERY will be CLOSED on:**

**Thurs 21st March at 3.30pm**

For Staff Training. We apologise for any inconvenience this may cause

**For medical emergencies call 999**  
**For medical advice call 111**

Would you like an evening or weekend routine GP or nurse appointment?

GP and Nurse appointments are available at Weymouth Hospital outside of normal GP surgery hours.

Just ask a receptionist if you would like to book one of these appointments.

If you have been asked to have blood tests done via a consultant and have a paper form, there is a walk-in clinic at Weymouth Hospital on Monday or Wednesday morning. 8.30-1pm. No appointment needed.

**Weymouth Urgent Care Centre**  
**Weymouth Community Hospital**  
**Open every day 8am-8pm**

*(last patient to arrive before 7.30pm)*

Clinicians on hand to deal with minor ailments and injuries, including broken bones, cuts, sprains, burns, bites and wound infections.

Please consider the UCC to ease the pressure on A&E services.

**Tel: 01305 762541**